

Life Pavilion

A place to nurture the life essence, safeguard the roots of vitality, and activate the wheel of life.

**中国人选联合国教科文组织
非物质文化遗产名录
(名册)项目**

27、中医针灸

列入年份 **2010年**

项目简介

类别 **有关自然界和宇宙的知识 and 实践**

针灸是传统中医的一种医疗手段，除在中国得到广泛应用外，在东南亚、欧洲和美洲地区也有实践。针灸理论认为，人体是一个由各种经络连接起来运行的小宇宙，通过物理刺激经络有可能促进人体的自我调节功能并为病人带来健康。刺激包括用艾绒点灸或用针刺这些管道的穴位，促进身体重新恢复从而达到预防和治疗疾病的目的。

非物质文化遗产代表作名录 (32个)



Deputy Secretary-General of the United Nations, Amina J. Mohammed, experiences Qi acupuncture smart devices.



Xunhua Zhang of the World Intangible Cultural Heritage Protection and Development Foundation meets with Minister Wang Yikang of the Ministry of Health of Singapore.

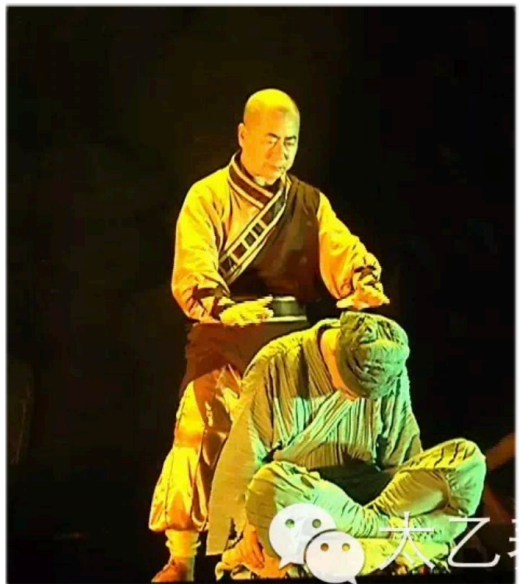
At the 78th United Nations High-Level Meeting on Universal Health Coverage, a representative of the World Intangible Cultural Heritage Protection and Development Foundation submitted a proposal to promote healthy lifestyles to the committee.

Life Pavilion - Life Management Club Member:

1. Enjoy the privilege to participate in high-level health salons organized by the World Intangible Cultural Heritage Protection and Development Foundation worldwide.
2. Enjoy personalized solutions endorsed by the United Nations for global universal health coverage.
3. Enjoy a lifestyle that promotes rejuvenation and longevity, surpassing one's actual age.
4. The activity venues for Life Management Club members will be notified via the official website and WeChat account of the World Intangible Cultural Heritage Protection and Development Foundation.

ACCESS TO A
TEAM OF TOP
EXPERTS TO
DEVELOP
PERSONALIZED
LIFE AND HEALTH
SOLUTIONS

THE INHERITORS OF THE WORLD'S LIVING HERITAGE ARE SKILLED IN HAND ACUPUNCTURE, BONE SETTING, AND MUSCLE STRETCHING TECHNIQUES. THEY HELP KEEP YOUR VITAL ENERGY CHANNELS CLEAR, STRENGTHEN YOUR TENDONS, KEEP YOUR MUSCLES AND BONES IN PROPER ALIGNMENT, MAINTAIN MUSCLE FLEXIBILITY, AND EXTEND YOUR LIFESPAN BY TEN YEARS. INCH LONG AND YOUR LIFE TEN YEARS LONGER!



EQUIPPED WITH THE U.S. PATENTED "SMART ACUPUNCTURE" DEVICE.

which yields visible and immediate results within an hour, promoting a healthy lifestyle without any harmful side effects. Intelligent Acupuncture (Qigong) aids in cell transformation to address various chronic illnesses, while also promoting beauty, body shaping, and anti-aging effects. Whether you suffer from chronic ailments or complex conditions, Intelligent Acupuncture can help rejuvenate and achieve a 'frozen age' appearance. Additionally, it serves as a specialized device for Meditation 2.0, Standing Meditation 2.0, and Golf Sports.

Prescription of Life Pavilion

Phase I, Dynamic Prescription

Phase one aims to set all cells, including skin, muscles, bones, and organs, in motion to fully realize the principle that "physical life depends on movement," to repair certain injuries and vulnerabilities in the physiological structure sequence.

1. Eliminate various chronic diseases and suboptimal health conditions from a physiological perspective.
2. Utilize the diagnostic methods of traditional Chinese medicine to identify the causes of various chronic diseases and identify the emotional knots associated with various negative emotions, providing solutions from the perspectives of body, mind, and spirit.
3. Implement targeted and personalized daily exercises based on the exercise prescriptions in the solution.
4. Implement intangible cultural heritage techniques, such as acupuncture, chiropractic, and stretching, according to personalized solutions.
5. Use smart acupuncture devices daily as required by the solution. (e.g., for golfing or walking)

Phase II, Static Prescription

Phase two aims to calm all emotions, including joy, anger, thought, sorrow, and fear, to fully realize that "spiritual life depends on tranquility," to repair certain injuries and vulnerabilities in the psychological function sequence.

1. Regulate emotional issues, adjust aging cells in the body, strengthen microcirculation function, and make you feel youthful.
2. Correct pelvic alignment and adjust the pubic bone manually.
3. Fine-tune facial features manually.
4. Use smart acupuncture devices daily to keep the skin in an uplifted state and maintain a youthful complexion. (e.g., through standing meditation or Taiyi Heart Method)

Phase III, Meditative Prescription

Phase three aims to stabilize all consciousness, including thought consciousness and mindfulness, to fully realize that "spiritual life depends on tranquility," to repair certain injuries and vulnerabilities in the metaphysical function sequence.

1. Preserve the soul and stabilize the spirit. Unblock the meridians throughout the body, replenish kidney qi, strengthen the heart, and enter the realms of anti-aging, longevity, and agelessness.
2. Eliminate blockages in the meridians throughout the body, stay away from negative energy, and enhance the positive energy field in workplaces and living spaces.
3. Consume nourishing foods to keep the kidney meridian clear and use resonance therapy on the kidney acupoints daily.
4. Avoid cold, chilliness, and anger to prevent the heart from being affected by coldness, maintain a positive mindset, uphold heart function, and ensure unobstructed microcirculation.
5. Practice meditation and adhere to Meditation 2.0 daily to achieve a life free of ailments and a peaceful end.



"Life Pavilion" Summer Training Venue: Rockefeller Center, 1270 6th Ave, 10th Floor.